



An American Heart Association[®] and Laerdal Medical Resuscitation Quality Improvement Program

HeartCode[®]

CPR LEARNING CURRICULA

Efficient High-Quality Resuscitation Education

	HeartCode BLS	HeartCode ACLS	HeartCode PALS
Learners and Objectives	Personnel directly involved in patient care, such as nurses, physicians, respiratory therapists, and radiologic technicians HeartCode 2025 BLS is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalized learning path that adapts in real time to a learner's performance. The program is designed for healthcare professionals who need Basic Life Support training for their clinical duties.	Personnel who either direct or participate in adult emergencies, such as emergency response, emergency medicine, intensive care and critical care units HeartCode 2025 ACLS is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Advanced Cardiac Life Support skills using a personalized learning path that adapts in real time to a learner's performance. The program is designed for healthcare professionals who need Advanced Cardiac Life Support training for their clinical duties.	Personnel who respond to infant and children emergencies such as emergency response, emergency medicine, intensive care and critical care units HeartCode 2025 PALS is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Pediatric Advanced Life Support skills using a personalized learning path that adapts in real time to a learner's performance. The program is designed for healthcare professionals who need Pediatric Advanced Life Support training for their clinical duties.
HeartCode Online Content HeartCode Online Portion uses the same online cognitive as HeartCode Complete, but the skills session is facilitated with an AHA instructor	 Topics covered in this course include: The steps of the Chains of Survival How to perform high-quality CPR for an adult, a child and an infant How to use an AED Effective team dynamics in a multirescuer resuscitation How to treat special considerations in basic life support How to relieve foreign-body airway obstruction for an adult, a child and an infant Four cognitive assessment activities that are interactive patient care scenarios where learners practice recognizing the signs of a cardiac arrest emergency, activate the response system and begin CPR in a virtual environment. 	 Topics covered in this course include: Systems of care How the use of a rapid response team (RRT) or medical emergency team (MET) may improve patient outcomes The impact of team dynamics on overall team performance Effective communication as a member or leader of a high-performance team Prompt, high-quality BLS, including prioritizing early chest compressions and integrating early AED use The BLS, Primary, and Secondary Assessment sequences for a systematic evaluation of adult patients Early recognition and management of acute coronary syndromes, including appropriate disposition Early recognition and management of stroke, including appropriate disposition Recognition and early management of bradycardia that may result in cardiac arrest or complicate resuscitation outcome Recognition and early management of cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care Evaluation of resuscitative efforts during a cardiac arrest through 	 Topics covered in this course include: High-quality cardiopulmonary resuscitation (CPR) Differentiation between patients who do require and do not require immediate interventions Performance as a high-performance team member Differentiation between respiratory distress and respiratory failure Management of respiratory distress and respiratory failure Differentiation between compensated and hypotensive (decompensated) shock Differentiation between types of shock Early interventions for the treatment of shock Bradycardic and tachycardic rhythms Clinical characteristics of instability in patients with arrhythmias Cardiac arrest and post-cardiac arrest management

All course content is refreshed as AHA updates science and education.

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HeartCode[®] Complete

SKILLS OVERVIEW Efficient High-Quality Resuscitation Education

Online Portion Online Portion Online Portion HeartCode Online Portion* Instructor-Led: 5 hours Instructor-Led: 1-2.5 hours Instructor-Led: 2.5-4 hours Every 2 Years Every 2 Years 2-Year Learning Cycle Online Portion Online Portion Online Portion HeartCode Complete/VAMs* Simulation Station: 30 minutes Simulation Station: 30 minutes Skills Station: 15 minutes Every 2 Years Every 2 Years Every 2 Years LEARNING Adult/Child Compressions Adult/Child Compressions Adult/Child Compressions Adult/Child Ventilations Adult/Child Ventilations Adult/Child Ventilations • 2-Rescuer Adult CPR 2-Rescuer Adult CPR 2-Rescuer Child CPR (15:2) **Simulation Station** Infant Compressions Infant Compressions Infant Ventilations Infant Ventilations • 2-Rescuer Infant CPR (15:2) • 2-Rescuer Infant CPR (15:2) AHA eCards BASIC LIFE SUPPORT ADVANCED CARDIOVASCULAR LIFE SUPPORT PEDIATRIC ADVANCED LIFE SUPPORT Available upon course completion and PALS Provider BLS Provid ACLS American Heart American Academy American Heart Heart valid for 2 years Each HeartCode Complete course includes AHA eCard. HeartCode Online users must purchase their eCard separately. • AMA – Physicians • AMA – Physicians • AMA - Physicians 1.00 AMA PRA Category 1 Credits[™] 2.00 AMA PRA Category 1 Credits[™] 3.75 AMA PRA Category 1 Credits™ • AAPA - Physician Assistants • AAPA – Physician Assistants • AAPA – Physician Assistants AMA PRA Category 1 Credit[™] 2.00 hours of Category I Credit 3.75 hours of Category I C redit • AANP - Nurse Practitioners AANP – Nurse Practitioners AANP – Nurse Practitioners AMA PRA Category 1 Credit[™] 2.00 AMA PRA Category 1 Credits[™] 3.75 AMA PRA Category 1 Credits[™] **CE/CME Credits** • ANCC - Nurses - 1.00 contact hours ANCC – Nurses – 2.00 contact hours ANCC – Nurses – 4.75 contact hours Claimed upon course completion • ACPE - Pharmacists - 0.75 Contact Hours ACPE – Pharmacists – 2.75 Contact Hours • ACPE - Pharmacists - 3.75 Contact Hours Commission on Accreditation of Pre-Hospital Commission on Accreditation of Pre-Hospital Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) Continuing Education (CAPCE) Continuing Education (CAPCE) 0.75 Advanced CEHs 3.00 Advanced CEHs 5.25 Advanced CEHs American Association for Respiratory Care American Association for Respiratory Care 2.50 contact hours 2.50 contact hours